

# Australian Farmers



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## Behind the Gate



[Farmer Story](#)

# Best career in the world: feeding the world

Rebecca Kelly spent seven years working and travelling her way around the globe before making the conscious decision to return to one of Australia's biggest wheat growing regions and establish a career in agriculture. While her [worldwide journey went full circle](#) with her return to the family farm, it was the opportunities in agriculture and the chance to be involved in a sector crucial to feeding the world's booming population that drove her decision.

## Recipes & Lifestyle



Recipe

### Weeknights made easy with Portuguese rice & chicken bake

A middle-of-the-week, easy and delicious meal the whole family can enjoy, this Portuguese Chicken Bake is an all-round winner. The dish shines the spotlight on a versatile, Australian staple: rice.



Lifestyle

### Reasons why to choose a wool face mask for everyday use

Wool face masks offer the required protection and have the added benefit of being soft on the skin, regulating moisture and being reusable (making it better for the environment!)

[Get the Recipe](#)[Read More](#)

## Farm Facts



Farm Fact

### 7 health benefits of Aussie bananas

Known for being packed full of nutritious vitamins, providing a natural boost of energy and a great source of fibre, bananas not only taste good but have the added benefit of making you feel good too!

[Learn More](#)

News

### Tips to find Australia's best farm jobs

It's one of the most common questions we receive at AustralianFarmers: how do I find seasonal farm work in Australia? The answer is farm jobs – whether that's fruit picking, or as a general farm hand – are easy to find if you know where to look.

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